

Mohare Danda (3,300 m): A Sustainable Himalayan Ridge Experience

Overview:

Mohare Danda (3,300 m) is a rewarding ridge-top viewpoint in the Annapurna region, offering one of the finest panoramic perspectives of the western Himalayas. Rising above the hills of Myagdi, it provides uninterrupted views of Annapurna, Dhaulagiri, Nilgiri, and surrounding snow-capped peaks, especially striking at sunrise and sunset when the mountains glow in shifting shades of gold and crimson.

The journey to Mohare Danda follows a peaceful trail through rhododendron and oak forests, traditional Magar villages, and open ridgelines that gradually reveal the grandeur of the high Himalayas. Unlike more crowded routes, this trek offers a quieter, more immersive experience where the rhythm of walking is accompanied by forest sounds, mountain air, and wide Himalayan horizons.

Mohare Danda is also known for its community-based eco-tourism model where local villages actively support and manage trekking lodges. This approach not only preserves the natural environment but also provides meaningful cultural interaction along the way. The experience here is simple, authentic, and deeply connected to local life.

A stay at Mohare Danda is centered around the mountains themselves, with early sunrise views, calm alpine evenings, and a sense of solitude above the valleys below. It is an ideal destination for trekkers seeking a less commercial, more sustainable alternative within the Annapurna foothills without compromising on Himalayan scenery.

Quick facts:

Cost: USD per Person

Destinations: Galeshowr / Mohare Danda / Poonhill / Ghandruk / Pokhara

Duration: 11 Days

Trek starting point: Galeshwar

Trek ending point: Nayapul

Grade: Easy

Transportation: tourist coach / domestic flight

Accommodation: tea house, tourist standard hotel in Kathmandu

Max altitude: 3,300 m

Activities: Hiking & trekking, sightseeing

Best seasons: March, April, May, October, September and November

Please do not forget to carry the following items with you:

- Passport size Photos
- Torchlight / Headlight
- Warm cap
- Sunglass and sun-cream
- Sleeping bag (light weight)
- Trekking sticks
- Dry fruits and chocolates
- Down jacket
- Trekking trousers
- Trekking shoes (No any converse and Vans shoes)

PROGRAM ITINERARY

▯ **Day 1: Arrival at Kathmandu / Meet and Greet**

Arrival at Tribhuvan International Airport. Our Staff member meets you and transfers you to the hotel.

Overnight stay at a hotel.

▯ **Day 2: Kathmandu Sightseeing and preparation for trekking**

After breakfast at the hotel, our guide will meet you at the hotel and provide a briefing about the upcoming trek, including the itinerary, safety information, and important preparations. He will also assist you with all the necessary trekking formalities and paperwork.

After the briefing, we will go on a sightseeing tour around the Kathmandu Valley, visiting famous UNESCO World Heritage Sites such as Boudhanath Stupa, one of the largest Buddhist stupas in the world, and Swayambhunath Stupa, also known as the Monkey Temple. On this day, we will also arrange the TIMS card and other required permits for the trek. In the evening, you will have time to prepare your trekking gear and make the final arrangements for the journey ahead.

Overnight stay at a hotel.

▯ **Day 3: Drive from Kathmandu to Pokhara (822 m): 200 km | 6 – 8 hours drive**

After an early breakfast in Kathmandu, we begin our scenic drive toward Pokhara, covering approximately 200 km over 6 – 8 hours by road. Starting from Kathmandu at an elevation of around 1,400 meters, the journey gradually descends to Pokhara at 822 meters, offering ever-changing landscapes along the way.

The drive follows winding mountain highways alongside the Trishuli River, passing through picturesque hills, terraced farmlands, traditional villages, and vibrant roadside towns. Along the route, travelers can experience the beauty of Nepal's countryside and observe the daily lifestyle of local communities. As we approach Pokhara, the atmosphere becomes more peaceful, with stunning views of the Annapurna range welcoming us to Nepal's beautiful lakeside city and gateway to the Himalayas. Overnight stay at a hotel.

▯ **Day 4: Drive to Galeshwar (1,170 m) and Trek to Bans Kharka (1,525 m) : Walking Distance: 6 – 8 km | 3 – 4 hours**

Leaving the beautiful lakeside city of Pokhara, we begin a scenic drive of approximately 85 – 90 km toward Galeshwar (1,170 m), a culturally significant village located at the confluence of the Kali Gandaki and Rahughat rivers. The 3 – 4 hour journey passes through terraced hillsides, waterfalls, traditional villages, and picturesque mountain landscapes alongside the mighty Kali Gandaki River.

Galeshwar is best known for the sacred Galeshwar Mahadev Temple, an important pilgrimage site dedicated to Lord Shiva and a gateway to the Annapurna and Dhaulagiri trekking regions. Surrounded by lush hills and deep river valleys, the village offers a peaceful atmosphere and an authentic introduction to rural Himalayan life.

From Galeshwar, we begin our trek toward Bans Kharka (1,525 m), covering approximately 6 – 8 km in around 3 – 4 hours of gradual uphill walking through forests, terraced farmland, and traditional Magar settlements. Along the trail, trekkers are rewarded with beautiful valley scenery and the first glimpses of the Dhaulagiri range. Upon reaching Bans Kharka, a peaceful hillside

village known for its warm hospitality and orange orchards, we settle into a community lodge and enjoy the tranquil mountain atmosphere. Overnight stay at a teahouse.

▮ **Day 5: Trek from Bans Kharka to Nangi (2,300 m): Walking distance : 8 – 9 km | 5 – 6 hours**

From Bans Kharka, we trek approximately 8 – 9 km over 5 – 6 hours toward Nangi (2,300 m). The trail begins with a steady ascent through lush rhododendron and pine forests, gradually moving away from the river valleys into the quieter mid-hill landscapes of the Annapurna region.

As we gain elevation, the scenery becomes increasingly expansive, with sweeping views of terraced hills, deep valleys, and distant Himalayan peaks. The route passes through traditional Magar settlements and farmland, offering a genuine glimpse into rural mountain life where culture and nature remain closely connected.

By the time we reach Nangi, the environment shifts into calm mountain serenity. Known for its community-led development initiatives and its association with Mahabir Pun, the village sits peacefully among forested ridges, offering a rewarding and meaningful stop deeper into the Annapurna foothills. Overnight stay at a lodge.

▮ **Day 6: Trek from Nangi to Mohare Danda (3,300 m): Walking distance: 9 – 11 km | 5 – 7 hours**

Setting out from Nangi, we continue our ascent toward Mohare Danda (3,300 m), covering approximately 9 – 11 km in around 5 – 7 hours. The trail climbs steadily through dense rhododendron and oak forests, quiet ridgelines, and high alpine pastures, gradually transitioning into a more remote Himalayan landscape.

As we gain altitude, the scenery opens into sweeping views of the Annapurna and Dhaulagiri ranges, with dramatic horizons unfolding along the route. The trail remains peaceful and less frequented, offering an immersive experience in untouched mountain wilderness.

Reaching Mohare Danda, we are welcomed by one of the finest sunset viewpoints in the region. Known for its community-managed eco-lodge model and sustainable tourism approach, it offers a panoramic Himalayan experience where we settle in for a memorable night above the clouds. Overnight stay at a community lodge.

▮ **Day 7: Trek to Poon Hill (3,210 m) and descend to Ghorepani (2,853 m): Walking distance: 9 – 12 km | 4 – 6 hours**

At Mohare Danda (3,300 m), the morning unfolds above a vast sea of clouds, as the first light gradually illuminates the Himalayan skyline. The surrounding peaks, including Annapurna, Dhaulagiri, Nilgiri, and Machhapuchhre, emerge in shifting layers of gold and shadow, offering a truly unforgettable alpine panorama.

After breakfast, we continue our journey along a peaceful ridge trail toward Poon Hill (3,210 m), covering approximately 6 – 8 km in around 3 – 4.5 hours. The route passes through serene forest sections, open ridgelines, and gentle highland terrain, with continuous views of the Himalayas accompanying us throughout the walk.

From Poon Hill, we begin our descent toward Ghorepani (2,853 m), trekking through beautiful rhododendron forests over approximately 3 – 4 km in 1 – 1.5 hours. Once a traditional trading

post, Ghorepani has grown into a welcoming mountain village, where we settle in for a comfortable stay amid the peaceful rhythm of the Annapurna region. Overnight stay at a teahouse.

▣ **Day 8: Trek from Ghorepani to Ghandruk (1,940 m): Walking Distance: 14 – 17 km | 6 – 8 hours**

From Ghorepani (2,853 m), we begin a scenic descent toward Ghandruk (1,940 m), passing through the beautiful mid-point of Tadapani. The trek covers approximately 14 – 17 km in around 6 – 8 hours, following a classic Annapurna route through rhododendron forests, stone stairways, and peaceful mountain settlements.

The trail first ascends gently before reaching Tadapani, where sweeping views of Annapurna South, Machhapuchhre, and Hiunchuli open up. From there, we descend steadily through dense forest and traditional Gurung villages, gradually entering a more cultivated and culturally rich landscape.

By the time we reach Ghandruk, we are welcomed into one of the most iconic villages in the Annapurna region, known for its stone architecture, rich Gurung heritage, and stunning Himalayan backdrop, where we settle in for a peaceful mountain stay. Overnight stay at a teahouse.

▣ **Day 9: Trek from Ghandruk to Nayapul and Drive to Pokhara (822 m): 8 – 10 km | 3 – 4 hours**

Wrapping up our Himalayan journey from the beautiful village of Ghandruk (1,940 m), we begin a gentle and scenic descent toward Nayapul (1,070 m). Covering approximately 8 – 10 km over 3 – 4 hours, the trail winds through stone staircases, terraced farmlands, and peaceful forest sections, gradually easing into the lower river valley landscapes.

Along the way, we pass through charming local settlements including Syauli Bazaar and the trekking checkpoint at Birethanti, where the valley opens up and the final stretch toward Nayapul becomes more relaxed and gradual, following the course of the river.

Upon reaching Nayapul, we conclude our trekking journey and continue with a scenic 1.5 – 2 hour drive back to Pokhara. The drive follows winding riverside roads and rural countryside, offering a final glimpse of the Annapurna foothills before returning to the serene lakeside atmosphere of Pokhara, where we settle in for an overnight stay at the hotel.

▣ **Day 10: Drive from Pokhara to Kathmandu (1,400 m): 200 – 210 km | 6 – 8 hours**

We begin our return journey from Pokhara, leaving behind the serene lakeside atmosphere as we drive back toward Kathmandu. The drive covers approximately 200–210 km and takes around 6 – 8 hours, depending on road conditions and traffic.

The route follows the scenic Prithvi Highway, winding along rivers, terraced hills, and charming roadside settlements. As we ascend gradually toward the capital, the landscape transitions from tranquil valleys to bustling towns, offering a final glimpse of Nepal's diverse countryside.

We arrive in Kathmandu by late afternoon or evening, marking the end of the journey with memorable experiences from the Himalayas and the Annapurna trekking region. Overnight stay at a hotel.

▯ **Day 11: Departure Day:**

Today marks the end of our memorable Mohare Danda Trek in the beautiful Annapurna region. Depending on your flight schedule, we will arrange a timely transfer to Tribhuvan International Airport for your final departure from Nepal. Our team will assist you with the airport transfer and ensure a smooth and comfortable end to your Himalayan journey.

As we say goodbye, we hope the peaceful trails, stunning mountain views, traditional villages, and warm hospitality experienced during the Mohare Danda Trek have created unforgettable memories. We appreciate the opportunity to be part of your adventure and look forward to welcoming you again for another trekking experience in the Himalayas.

What's Included:

- ☒ Airport Pick-up and drop Service
- ☒ Hotel Accommodation in Kathmandu and Pokhara (twin sharing basis) with breakfast
- ☒ Guided Tour of Kathmandu valley with an experienced tour guide
- ☒ Sightseeing charges and Entry fees
- ☒ Accommodation during the trek (teahouse / guesthouse / homestay)
- ☒ All meals during the trek (Breakfast, Lunch, Dinner)
- ☒ Transportation (tourist coach / local bus / private vehicle)
- ☒ Experienced licensed English-speaking trekking guide
- ☒ Local government Entry Permit of Rs. 2000 (started in 2018)
- ☒ Insurance of the Guide and Porter
- ☒ Annapurna Conservation Area Permit
- ☒ TIMS (Trekkers' Information Management System) Trekking Permit Card
- ☒ Medical kits carried by the guide
- ☒ All necessary paper works, office service charge and all Government Taxes

Optional Add-Ons:

- ☒ Porter (cost: 20 USD per day, carries 15 – 20 kg load. Porter's accommodation, transport and meal is paid by the company)
- ☒ Down jacket, all-season sleeping bag, duffel bag and trekking map (in case you don't have your own. Down jacket, sleeping bag and duffel bag must be returned after completion of the trip).

What's Excluded:

- ☒ Travel insurance (Mandatory: Should include emergency evacuation coverage while trekking up to 5500+ m)
- ☒ International airfare and Visa costs (you can get Visa upon arrival at the airport)
- ☒ Personal interest items or gears
- ☒ Tips to guide / driver / porter
- ☒ Beverage and Drink Items / Other Extra facilities like hot shower during trek
- ☒ Any other expenses which are not mentioned in "What's Included" section

Important note:

This note represents the most current information for this itinerary and may supersede any information in the current brochure, including but not limited to the itinerary and price. The itinerary should be seen as a guide only. This itinerary may change at any time due to inclement weather, forces of nature and other circumstances beyond our control. We do our best to provide you the best available services but at the same time ask for your understanding to be flexible, in case of unpredictable conditions.

Thank you for choosing Trekadvise, Nepal as your travel partner. We wish you a very pleasant stay in Nepal.