

Nirekha Peak Expedition via Gokyo Valley and Cho La Pass

Overview:

Nirekha Peak (6,159 m / 20,207 ft) is a remote and impressive Himalayan summit in Nepal's Khumbu region, offering a rewarding alpine climbing experience in one of the Everest region's most spectacular mountain landscapes. Rising above the glaciated valleys near the Nepal–Tibet border, the peak combines high-altitude trekking, glacier travel, and technical climbing, making it an excellent objective for experienced mountaineers seeking a quieter 6,000-meter Himalayan expedition.

The journey follows the classic Everest trails through traditional Sherpa villages before entering the scenic Gokyo Valley. As part of the acclimatization process, climbers ascend Gokyo Ri, one of Nepal's finest viewpoints, where panoramic views of Everest, Cho Oyu, Makalu, and the surrounding Himalayan range unfold in every direction. The expedition then crosses the spectacular Cho La Pass, where glaciers, rugged alpine terrain, and dramatic mountain scenery mark the transition from high-altitude trekking to technical mountaineering.

Beyond the trekking section, the route continues toward Nirekha Peak Base Camp through increasingly remote glaciated terrain. From Base Camp onward, the climb involves glacier travel, crevassed sections, steep snow slopes, and exposed alpine ridges. Depending on mountain conditions, fixed ropes may be used on steeper sections, and climbers should be confident using crampons, ice axes, rope systems, and glacier travel techniques.

The summit push is a demanding high-altitude ascent that requires strong physical fitness, careful acclimatization, and sound mountaineering judgment. Reaching the summit rewards climbers with outstanding views across the Mahalangur Himal, including towering Himalayan peaks, vast glaciers, and the dramatic landscapes that define the Everest region.

Nirekha Peak is an outstanding objective for experienced climbers looking to progress beyond conventional trekking peaks in a remote Himalayan setting. Combining the scenic journey through the Gokyo Valley, the iconic crossings of Gokyo Ri and Cho La Pass, and the challenge of a technical alpine summit, this expedition offers a complete and rewarding mountaineering experience in the heart of the Nepal Himalaya.

Quick facts:

Cost: USD per Person

Destinations: Lukla / Namche / Gokyo Ri / Cho La Pass / Nirekha Base Camp / Summit

Duration: 19 Days

Trek starting point: Lukla

Trek ending point: Lukla

Grade: Moderate to Challenging

Transportation: tourist coach / domestic flight

Accommodation: tea house, tourist standard hotel in Kathmandu

Max altitude: 6,159 m

Activities: High-altitude trekking and peak climbing

Best seasons: March, April, May, October, September and November

Please do not forget to carry the following items with you:

- Passport size Photos
- Torchlight / Headlight
- Warm cap
- Sunglass and sun-cream
- Sleeping bag (light weight)
- Trekking sticks
- Dry fruits and chocolates
- Down jacket
- Trekking trousers
- Trekking shoes (No any converse and Vans shoes)

PROGRAM ITINERARY

□ **Day 1: Arrive at Kathmandu / Meet and Greet**

Arrival at Tribhuvan International Airport. Our Staff member meets you and transfers you to the hotel.

Overnight at the hotel.

□ **Day 2: Kathmandu Sightseeing and preparation for trekking**

After breakfast at the hotel, our guide will meet you for a detailed trip briefing covering the itinerary, route conditions, safety procedures, altitude considerations, and important preparations for the journey ahead. For peak climbing expeditions, the climbing guide will also check the required mountaineering equipment and provide guidance on any necessary gear adjustments before departure.

During the briefing, we will complete the required trekking and climbing formalities, including necessary permits and documentation. Afterward, we will explore some of Kathmandu Valley's cultural highlights, including UNESCO World Heritage Sites such as Boudhanath Stupa, one of the largest Buddhist stupas in the world, and Swayambhunath Stupa, also known as the Monkey Temple.

The rest of the day is free for final preparations, including organizing trekking equipment, purchasing any last-minute essentials, and making final arrangements before heading into the Himalaya. Overnight at the hotel.

□ **Day 3: Fly to Lukla (2,840m) and Trek to Phakding (2,610m): Walking distance: 8km | 3 – 4hours**

After an early breakfast, we will fly from Kathmandu (1,400 m / 4,600 ft) to Lukla (2,840 m / 9,317 ft). The short 35-minute flight offers spectacular views of the Himalayas, and landing on the hillside airstrip is an adventure in itself, with mountains towering on all sides and a steep drop at the end of the runway. The crisp mountain air and dramatic landscapes make it clear that we have entered the heart of the Everest region.

From Lukla, we will start our trek along a gentle trail towards Cheplung Village, enjoying the striking views of Mount Khumbila. The path then gradually descends through the Dudh Koshi River valley as we make our way to Phakding (2,610 m / 8,563 ft). Surrounded by lush hills and offering panoramic views of Kusum Kanguru, Phakding is a charming village with comfortable lodges that serve trekkers. The trek from Lukla to Phakding is approximately 8 km (5 miles) and takes around 3–4 hours, providing a relaxed start to acclimatize and soak in the Himalayan scenery. Overnight at a guesthouse in Phakding.

Note: The weather in Lukla is highly unpredictable. Occasionally, flights may be delayed or canceled due to adverse weather conditions. If a flight is canceled, you will need to return to your hotel in Kathmandu. Please note that transportation back to the hotel and accommodation for this night are not included. If the weather clears the next day, you will be accommodated on either the 3rd or 4th flight to Lukla. If conditions remain unfavorable, there is also an option to take a helicopter flight. The cost of a helicopter flight is not fixed and will be quoted by the airline on the same day. You should expect to pay an additional approx. 250 USD for the helicopter transfer from Kathmandu to Lukla. Although such situations are rare, we believe it is important to inform you in advance.

▮ **Day 4: Trek from Phakding to Namche Bazaar (3,440m) : Walking Distance: 9.4km | 5 – 6 hours**

We will start our trek from Phakding (2,610 m / 8,563 ft) and follow the trail along the Dudh Koshi River, passing through traditional Sherpa villages and suspension bridges. The trail gradually ascends through pine and rhododendron forests, offering beautiful views of the surrounding hills and mountains. We will cross several small settlements before reaching Monjo (2,835 m / 9,301 ft), where we may stop for a short break. Continuing uphill, we will climb steeply to Namche Bazaar (3,440 m / 11,286 ft), the main trading hub of the Khumbu region. The trek covers approximately 10-12 km and takes around 5–7 hours, making it a moderate to challenging day that helps with acclimatization. Along the way, we will enjoy panoramic views of Thamserku and Kongde Ri, and take in the lively atmosphere of Namche Bazaar, surrounded by dramatic Himalayan peaks. Overnight at a guesthouse in Namche Bazaar.

▮ **Day 5: Acclimatization day**

This day is set aside for acclimatization in Namche Bazaar (3,440 m / 11,286 ft), allowing our bodies to adjust to the higher altitude while remaining gently active. Rather than staying idle, we will take a short hike above the village to support acclimatization and enjoy expansive Himalayan views.

A recommended ascent is toward Tengboche Hill (approximately 3,870 m / 12,697 ft), rising above Namche. The climb is gradual but noticeably more demanding due to the altitude, rewarding us with sweeping panoramas of Ama Dablam, Thamserku, and the surrounding Himalayan peaks. After spending time at the viewpoint, we descend back to the village.

The excursion takes around 3 – 4 hours round trip, covering approximately 3 – 4 km (1.8–2.5 miles). The remainder of the day is free for rest, exploration of Namche Bazaar's shops and monasteries, and preparation for higher elevations. Overnight at a guesthouse in Namche Bazaar.

▮ **Day 6: Trek from Namche Bazaar to Dole (4,040 m) : Walking Distance: 9 – 10 km | 5 – 6 hours**

As we begin the trek from Namche Bazaar to Dole (4,040 m / 13,255 ft), the trail gradually leaves the lively Sherpa hub behind and enters quieter alpine landscapes. The path climbs steadily through pine and rhododendron forests, crossing small streams and yak pastures, with occasional views of Ama Dablam, Thamserku, and Kangtega.

The trail is moderately steep, gaining about 600 m in elevation over the day. Along the way, trekkers cross suspension bridges over the roaring Dudh Koshi River and navigate ridges that provide excellent perspectives of the surrounding valleys. The environment becomes noticeably more tranquil as the number of trekkers diminishes, and the high Himalaya begins to feel closer with each step.

After approximately 5 – 6 hours of trekking, covering around 9 – 10 km (5.5–6.2 miles), we arrive at Dole, a small high-altitude settlement perched beneath dramatic cliffs and alpine slopes. Dole is a key acclimatization stop, offering crisp air, quiet mountain surroundings, and stunning views, preparing trekkers for the next stage toward Machhermo and higher elevations. Overnight at a teahouse in Dole.

▣ **Day 7: Trek from Dole to Machhermo (4,470m): Walking distance: 5 – 6 km | 3 – 4 hours**

Setting off from Dole, the trail gradually leads us higher into the serene alpine valleys of the Khumbu region. The landscape opens up to sweeping views of Ama Dablam, Thamserku, and Cho Oyu, with the quiet of the high mountains surrounding the path.

The trail climbs steadily, gaining approximately 430 m in elevation over 7 – 8 km, passing scattered teahouses and yak grazing areas. The terrain becomes rockier and more exposed as we approach Machhermo, highlighting the transition into higher Himalayan wilderness.

After approximately 4 – 5 hours of trekking, we arrive at Machhermo (4,470 m / 14,665 ft), a small settlement of lodges nestled beneath dramatic cliffs and glaciers. Machhermo serves as an important acclimatization point before continuing toward Gokyo or higher passes, offering crisp air, quiet surroundings, and breathtaking mountain vistas. Overnight at a teahouse in Machhermo.

▣ **Day 8: Trek from Machhermo to Gokyo(4,750 m): Walking Distance: 7 – 8 km | 4 – 5 hours**

We will begin our trek from Machhermo (4,470 m / 14,665 ft), gradually ascending along glacial valleys toward the renowned Gokyo Lake region. The trail winds past moraine ridges, scattered teahouses, and yak grazing areas, with panoramic views of towering Himalayan peaks, including Cho Oyu, Everest, and Makalu, unfolding along the way.

The trek covers approximately 7 – 8 km (4.3 – 5 miles) with an elevation gain of around 280 m (920 ft), taking roughly 4 – 5 hours. The trail is mostly moderate, becoming slightly rockier closer to Gokyo, while offering increasingly expansive vistas of turquoise glacial lakes and snow-capped mountains.

We arrive at Gokyo (4,750 m / 15,584 ft), a serene settlement beside the largest of the Gokyo lakes. This high-altitude village is ideal for rest, acclimatization, and photography, with the calm waters reflecting the surrounding peaks. Overnight at a teahouse in Gokyo, enjoying the peaceful alpine setting.

▮ **Day 9: Hike to Gokyo Ri (5,357 m) and Trek to Dragnag (4,700 m): Walking Distance: 10 – 11 km | 5 – 7 hours**

Today we will begin our hike from Gokyo (4,750 m / 15,584 ft), ascending toward Gokyo Ri (5,357 m / 17,575 ft), one of the most spectacular viewpoints in the Everest region. The trail climbs steadily along a rocky ridge above the turquoise Gokyo Lakes, with magnificent views gradually unfolding across the Ngozumpa Glacier and the surrounding Himalayan peaks. The ascent covers approximately 3 – 3.5 km (1.9 – 2.2 miles) with an elevation gain of about 607 m (1,991 ft), taking around 2 – 4 hours depending on pace and acclimatization.

From the summit of Gokyo Ri, trekkers are rewarded with breathtaking panoramic views of some of the world's highest mountains. Visible from the top are Mount Everest, Lhotse, Makalu, and Cho Oyu, along with the striking pyramid of Ama Dablam and countless snow-covered peaks stretching across the Khumbu Himalaya. Far below, the shimmering blue Gokyo Lakes and the vast Ngozumpa Glacier create one of the most iconic landscapes in Nepal.

After enjoying the summit, we will descend back to Gokyo before continuing across the rugged moraine of the Ngozumpa Glacier toward Dragnag (4,700 m / 15,420 ft). This glacier crossing is both scenic and adventurous, involving rocky terrain, loose scree, and constantly shifting glacial pathways. The trek from Gokyo to Dragnag covers approximately 4 – 5 km (2.5–3.1 miles) and usually takes around 2 – 3 hours.

The total day's journey covers approximately 10 – 11 km (6.2–6.8 miles) and takes around 6–8 hours overall, depending on pace and time spent at the summit. Overnight at a teahouse in Dragnag, surrounded by dramatic glacial scenery and towering Himalayan peaks while preparing for the challenging Cho La Pass crossing ahead.

▮ **Day 10: Trek from Dragnag to Nirekha Base Camp (4,950 m) via Cho La Pass (5,420 m): Walking Distance: 9 – 11 km | 7 – 9 hours**

Our trek begins from Dragnag (4,700 m / 15,420 ft), ascending toward the challenging Cho La Pass (5,420 m / 17,782 ft), one of the highest and most scenic passes in the Everest region. The trail climbs steadily across rocky moraine, glacial terrain, and icy sections, with spectacular views of surrounding Himalayan peaks along the way. The ascent covers approximately 4 – 5 km (2.5–3.1 miles) with an elevation gain of about 720 m (2,362 ft), taking around 4 – 5 hours.

From the top of Cho La Pass, trekkers are rewarded with breathtaking views of Ama Dablam, Cholatse, Lobuche East, Baruntse, and surrounding glaciated valleys stretching across the Khumbu region. Prayer flags flutter across the pass, marking this dramatic Himalayan crossing between the Gokyo Valley and the Everest region.

We then descend carefully along rocky trails before continuing toward Nirekha Base Camp (4,950 m / 16,240 ft). The descent and traverse toward base camp cover approximately 5 – 6 km (3.1–3.7 miles) and take around 3 – 4 hours. Overall, the day's trek covers approximately 9 – 11 km (5.6 – 6.8 miles) and takes around 7 – 9 hours. Overnight at a tented camp near Nirekha Base Camp, surrounded by dramatic Himalayan scenery.

▮ **Day 11: Acclimatization and preparation day**

Today is reserved for acclimatization and final preparations at Nirekha Base Camp (4,950 m / 16,240 ft), allowing trekkers to rest and adapt to the high-altitude environment before the climb ahead. Surrounded by dramatic Himalayan scenery, the day provides an opportunity to recover energy while enjoying close-up views of towering peaks, rugged glacial terrain, and the remote alpine landscape of the upper Khumbu region.

During the day, guides will conduct a detailed climbing briefing and equipment check, ensuring all technical gear such as harnesses, crampons, helmets, ascenders, and ropes are properly fitted and ready for use. Trekkers may also take part in short practice sessions on nearby slopes to become familiar with basic climbing techniques and safety procedures.

The remainder of the day can be spent relaxing, hydrating, and preparing mentally and physically for the upcoming ascent. Overnight at camp in the peaceful Himalayan wilderness beneath the surrounding snow-covered peaks.

▮ **Day 12: Ascend to High Camp (5,400 m): Walking distance: 3 – 4 km | 3 – 5 hours**

Our trek begins from Nirekha Base Camp (approximately 4,950 m / 16,240 ft), ascending gradually toward High Camp at around 5,400 m / 17,717 ft. The trail climbs through rugged alpine terrain, rocky slopes, and glacial sections, with increasingly dramatic views of the surrounding Himalayan peaks and ice-covered landscapes. The ascent covers approximately 3 – 4 km (1.9 – 2.5 miles) with an elevation gain of about 450 m (1,476 ft), taking around 3 – 5 hours depending on pace and trail conditions.

As we gain altitude, spectacular views of Lobuche East, Cholatse, Ama Dablam, and surrounding snow-covered peaks unfold across the Khumbu region. The route becomes steeper near High Camp, where trekkers are rewarded with breathtaking panoramic mountain scenery and a true sense of high-altitude wilderness.

Upon arrival at High Camp, the remainder of the day is reserved for rest, hydration, and final preparations for the summit push ahead. Guides will review climbing techniques and safety procedures while trekkers prepare equipment for an early alpine start. Overnight at High Camp in a tented camp surrounded by dramatic Himalayan vistas.

▮ **Day 13: Summit Mt. Nirekha (6,043 m) and descend back to Base Camp: Walking distance: 7 – 9 km | 8 – 11 hours**

Today we set out from High Camp in the early pre-dawn hours for the summit push of Mount Nirekha (6,043 m / 19,825 ft). The climb starts on steep rocky terrain before entering glaciated slopes where crampons, ice axe, and rope systems are required. Fixed rope sections are used on steeper ice and mixed ground, requiring careful movement and proper use of ascenders. The ascent covers approximately 3 – 4 km (1.9 – 2.5 miles) with an elevation gain of about 640 m (2,100 ft), taking around 4 – 6 hours.

Higher up, the route becomes more technical with exposed icy sections and crevasse-prone terrain, where climbers remain clipped into fixed lines for safety. The final push involves steeper snow and ice slopes, demanding steady rhythm and controlled movement. Along the way, panoramic views open up across Cholatse, Ama Dablam, Lobuche East, and the surrounding Khumbu glaciers.

From the summit, a stunning 360° Himalayan panorama unfolds across both the Gokyo and Everest regions. After a short rest, we descend carefully using fixed ropes and retrace the same technical route back to High Camp before continuing down to Nirekha Base Camp (approximately 4,950 m / 16,240 ft). The descent takes around 4 – 5 hours.

The full day's journey covers approximately 7 – 9 km (4.3 – 5.6 miles) and takes around 8 – 11 hours overall. Overnight at Base Camp, resting after a demanding high-altitude technical summit.

□ **Day 14: Contingency Day:**

Today is kept as a contingency and summit buffer day at Nirekha Base Camp (approximately 4,950 m / 16,240 ft). In high-altitude expeditions, weather conditions, wind, and acclimatization needs can significantly affect summit timing, so this day provides essential flexibility for a safe and well-planned climb of Mount Nirekha (6,043 m / 19,825 ft).

If required, this day serves as an additional opportunity to attempt the summit via High Camp (5,400 m / 17,717 ft), following the established technical route depending on weather, snow conditions, and guide assessment.

If the summit has already been achieved, the day is used for rest, recovery, and light activity around Base Camp, including short walks of about 1 – 2 km (0.6 – 1.2 miles) on moraine terrain with minimal elevation gain.

The day also allows time for equipment checks, weather monitoring, and final planning for the descent, while staying overnight at Base Camp in the high-altitude Himalayan environment.

□ **Day 15: Trek from Base Camp to Machhermo (4,470 m): Walking Distance: 11 – 13 km | 5 – 7 hours**

Our descent starts from Nirekha Base Camp (4,950 m / 16,240 ft), gradually moving out of the high alpine and glacial zone of the Cho La–Gokyo region. The trail initially crosses rocky moraine and glacial terrain before joining well-defined yak paths as we descend through the upper Gokyo Valley toward Machhermo (4,470 m / 14,665 ft).

The route offers continuous views of the Ngozumpa Glacier and surrounding Himalayan peaks before the landscape slowly softens into grassy slopes and alpine pastures. The descent covers approximately 11–13 km (6.8–8.1 miles) with an elevation loss of about 480 m (1,575 ft), taking around 5–7 hours depending on pace, trail conditions, and stops along the way.

As we approach Machhermo, the valley widens and becomes more settled, with yak herders' camps and traditional teahouses returning along the trail. The village sits in a peaceful setting beneath towering cliffs, offering a comfortable stop after the high-altitude wilderness. Overnight at a teahouse in Machhermo.

▮ **Day 16: Trek from Machhermo to Namche Bazaar (3,440 m): Walking distance: 19 – 23 km: 7 – 9 hours**

Our descent continues from Machhermo (4,470 m / 14,665 ft), gradually making our way down the Gokyo Valley toward Namche Bazaar (3,440 m / 11,286 ft), the main trading hub of the Khumbu region.

The trail follows a long and varied route through Dole, Phortse Thanga, and Monjo, combining alpine paths, forested sections, and multiple suspension bridge crossings. As we descend further, the landscape transitions from high-altitude terrain into lush rhododendron and pine forests, with increasingly frequent village settlements.

The trek covers approximately 19 – 23 km (11.8–14.3 miles) with an elevation loss of about 1,030 m (3,379 ft), taking around 7–9 hours depending on pace, conditions, and stops along the way.

Along the route, trekkers enjoy views of Ama Dablam, Thamserku, and surrounding Himalayan peaks, along with traditional Sherpa villages and terraced hillsides as we re-enter the heart of the Khumbu region. Overnight at a teahouse in Namche Bazaar.

▮ **Day 17: Trek from Namche Bazaar to Lukla(2,860 m): Walking Distance: 18 – 19 km | 6 – 7 hours**

We will begin the trek from Namche Bazaar (3,440 m / 11,286 ft), gradually descending out of the main trading hub of the Khumbu. The trail initially follows familiar ridgelines before dropping steadily toward Monjo, where the landscape transitions into forested river valleys and lower Himalayan terrain.

As we continue, the route follows the Dudh Koshi River, passing through settlements such as Benkar and Phakding, with a series of suspension bridges and gradual elevation loss defining the journey. The environment steadily becomes warmer and greener as we move away from the high alpine zone.

From Phakding, the final section continues along the river before a gradual approach brings us back to Lukla (2,860 m / 9,383 ft), the gateway town of the Everest region.

The trek covers approximately 18 – 19 km (11.2–11.8 miles) with an elevation loss of about 580 m (1,903 ft). The journey typically takes around 6 – 7 hours, depending on pace, stops, and trail conditions.

We arrive in Lukla by late afternoon, marking the completion of the trekking route. Overnight at a teahouse in Lukla.

□ **Day 18: Fly back to Kathmandu: 30 – 35 minutes**

We will begin the day with an early morning transfer to Tenzing-Hillary Airport, Lukla (2,860 m / 9,383 ft), where the short but scenic mountain flight back to Kathmandu awaits. Weather conditions in Lukla can change quickly, so departures are typically scheduled in the morning for better visibility and safer flying conditions.

The flight offers a final aerial perspective of the Khumbu region, with views of deep valleys, winding rivers, and the distant Himalayan peaks gradually fading into the horizon. As the aircraft descends toward the capital, the rugged alpine landscape transitions into the green hills and urban expanse of the Kathmandu Valley.

After approximately 30 – 35 minutes of flight time, we arrive at Tribhuvan International Airport, Kathmandu (1,400 m / 4,593 ft). From here, a short transfer takes us to the hotel, marking the return from the high Himalayas to the capital city.

□ **Day 19: Departure day:**

Today marks the end of your expedition to Nirekha Peak. Depending on your flight schedule, you will be transferred from your hotel in Kathmandu to Tribhuvan International Airport for your onward journey.

This is a meaningful moment to reflect on the journey that led from the lower valleys of the Khumbu region into the high alpine wilderness, including the approach through remote Himalayan villages, glacial landscapes, and the challenging ascent toward Nirekha Peak. The expedition has offered a powerful blend of dramatic mountain scenery, technical terrain, and immersive cultural encounters along the way.

As you depart from Nepal, the memories of soaring Himalayan peaks, vast glacial expanses, and the quiet strength of the mountains remain with you, marking the completion of an unforgettable adventure. Safe travels onward.

What's Included:

- ☒ Airport Pick-up and drop Service
- ☒ Hotel Accommodation in Kathmandu (twin sharing basis) with breakfast
- ☒ Round-trip flights between Kathmandu and Lukla
- ☒ Guided Tour of Kathmandu valley with an experienced tour guide
- ☒ Sightseeing charges and Entry fees
- ☒ Accommodation during the trek (teahouse / guesthouse / camp)
- ☒ All meals during the trek (Breakfast, Lunch, Dinner)
- ☒ Transportation (tourist coach / local bus / private vehicle)
- ☒ Experienced, licensed English-speaking trekking and climbing guide
- ☒ Local government Entry Permit of Rs. 2000 (started in 2018)
- ☒ Insurance of the Guide, Porter and Climbing Guide
- ☒ Sagarmatha National Park Entry Permit
- ☒ Climbing Permit for Nirekha Peak and Royalty Fee
- ☒ Garbage Deposit Fee
- ☒ Khumbu Pasang Lhamu Rural Municipality Entrance permit
- ☒ TIMS (Trekking Information Management System) Trekking Permit Card
- ☒ Medical kits carried by the guide
- ☒ All necessary paper works, office service charge and all Government Taxes

Optional Add-Ons:

- ☒ Porter (cost: 20 USD per day, carries 15 – 20 kg load. Porter's accommodation, transport and meal is paid by the company)
- ☒ Down jacket, all-season sleeping bag, duffel bag and trekking map (in case you don't have your own. Down jacket, sleeping bag and duffel bag must be returned after completion of the trip).

What's Excluded:

- ☒ Travel insurance (Mandatory: Should include emergency evacuation coverage while trekking up to 5500+ m)
- ☒ International airfare and Visa costs (you can get Visa upon arrival at the airport)
- ☒ Personal interest items or gears
- ☒ Tips to guide / driver / porter
- ☒ Beverage and Drink Items / Other Extra facilities like hot shower during trek
- ☒ Any other expenses which are not mentioned in "What's Included" section

Important note:

This note represents the most current information for this itinerary and may supersede any information in the current brochure, including but not limited to the itinerary and price. The itinerary should be seen as a guide only. This itinerary may change at any time due to inclement weather, forces of nature and other circumstances beyond our control. We do our best to provide you the best available services but at the same time ask for your understanding to be flexible, in case of unpredictable conditions.

Thank you for choosing Trekadviser, Nepal as your travel partner. We wish you a very pleasant stay in Nepal.