

Ganja La Chuli (5,863 m): A Remote and Technical Himalayan Expedition Peak

Overview:

Ganja La Chuli (Naya Kanga) (5,863m / 19,236ft) is a beautiful and challenging climbing peak located in Nepal's Langtang region, within the spectacular Langtang mountain range. Rising above the upper Langtang Valley near the famous Ganja La Pass, the mountain is renowned for its striking pyramid-shaped summit, dramatic alpine scenery, and rewarding climbing routes. Surrounded by glaciers, rugged ridges, and snow-covered peaks, it offers an authentic Himalayan climbing experience in one of Nepal's most scenic mountain regions.

Although classified as a trekking peak by the Nepal Mountaineering Association, Ganja La Chuli is a technically demanding climb best suited for experienced mountaineers. The ascent requires previous alpine climbing experience, excellent physical fitness, and confidence on steep snow, ice, and mixed rock terrain. Climbers should be proficient in the use of crampons, ice axes, fixed ropes, and other essential mountaineering equipment, as conditions can change quickly in the high Himalayas.

The expedition begins with a scenic trek through Langtang National Park, passing traditional Tamang villages, dense forests, alpine meadows, and the beautiful settlement of Kyanjin Gumpa before entering the remote alpine environment below the mountain. A dedicated acclimatization day in Kyanjin Gumpa includes an acclimatization hike to Tsergo Ri (approximately 5,000m), providing excellent preparation for higher elevations while rewarding climbers with spectacular views of Langtang Lirung, surrounding glaciers, and the Himalayan landscape. As the route gains elevation toward Ganja La Chuli, the scenery transforms into glacial valleys, rugged moraines, and high mountain terrain, creating a true expedition atmosphere away from the busier climbing areas of Nepal.

A successful ascent depends on careful acclimatization, favorable weather, and strong teamwork. The climb involves sustained sections of snow, ice, and mixed terrain that demand sound judgment, technical climbing skills, and respect for the mountain environment. From the summit, climbers are rewarded with magnificent panoramic views of the Langtang region, including Langtang Lirung, Dorje Lakpa, Shishapangma, and countless surrounding peaks stretching across the Nepal–Tibet border.

Ganja La Chuli (Naya Kanga) is an outstanding objective for experienced climbers seeking a challenging and less-crowded Himalayan ascent. Combining technical climbing, remote alpine landscapes, and the rich natural and cultural heritage of the Langtang region, it offers a rewarding mountaineering experience in one of Nepal's most beautiful mountain destinations.

Quick facts:

Cost: USD per Person

Destinations: Syabru Besi / Langtang / Tsergo Ri / Naya Kanga Base Camp / Summit

Duration: 15 Days

Trek starting point: Syabru Besi

Trek ending point: Syabru Besi

Grade: Strenuous

Transportation: tourist coach / private vehicle / local jeep

Accommodation: tea house, tourist standard hotel in Kathmandu

Max altitude: 5,863 m

Activities: High-altitude trekking & peak climbing

Best seasons: March, April, May, October, September and November

Please do not forget to carry the following items with you:

- Passport size Photos
- Torchlight / Headlight
- Warm cap
- Sunglass and sun-cream
- Sleeping bag (light weight)
- Trekking sticks
- Dry fruits and chocolates
- Down jacket
- Trekking trousers
- Trekking shoes (No any converse and Vans shoes)

PROGRAM ITINERARY

▣ **Day 1: Arrive at Kathmandu / Meet and Greet**

Arrival at Tribhuvan International Airport. Our Staff member meets you and transfers you to the hotel.

Overnight at the hotel.

▣ **Day 2: Kathmandu Sightseeing and preparation for trekking**

After breakfast at the hotel, our guide will meet you at the hotel and provide a briefing about the upcoming trek, including the itinerary, safety information, and important preparations. He will also assist you with all the necessary trekking formalities and paperwork.

After the briefing, we will go on a sightseeing tour around the Kathmandu Valley, visiting famous UNESCO World Heritage Sites such as Boudhanath Stupa, one of the largest Buddhist stupas in the world, and Swayambhunath Stupa, also known as the Monkey Temple. On this day, we will also arrange the TIMS card and other required permits for the trek. In the evening, you will have time to prepare your trekking gear and make the final arrangements for the journey ahead. Overnight at the hotel.

▣ **Day 3: Drive from Kathmandu to Syabrubesi (1,460 m): 120 – 130 km | 6 – 7 hours**

After breakfast in Kathmandu (1,400 m / 4,593 ft), we begin our journey by private vehicle towards Syabrubesi (1,460 m / 4,790 ft), the gateway to the Langtang region. Leaving the bustling capital behind, the drive initially follows a smooth highway through scenic countryside, terraced fields, and small settlements.

As we progress, the road gradually becomes more winding and narrow, offering beautiful views of rivers, hills, and traditional villages along the way. We pass through towns such as Trishuli and Dhunche, with glimpses of distant Himalayan foothills enhancing the journey. The road conditions vary between paved and rough mountain sections, adding a sense of adventure to the drive.

After approximately 6 – 7 hours of driving (around 120 – 130 km depending on route conditions), we arrive at Syabrubesi (1,460 m / 4,790 ft), a small riverside town nestled at the confluence of the Bhote Koshi and Langtang rivers. Surrounded by green hills and mountain scenery, Syabrubesi serves as the starting point for treks into the Langtang Valley. Overnight stay at a local lodge.

▮ **Day 4: Trek from Syabrubesi to Lama Hotel (2,480 m) : Walking Distance: 11 – 12 km | 5 – 6 hours**

Leaving Syabrubesi (1,460 m / 4,790 ft) behind, we begin our trek into the Langtang region following the trail along the Bhote Koshi River. The route initially descends slightly before crossing suspension bridges and gradually climbing through subtropical forests of bamboo, oak, and rhododendron.

As we move deeper into the valley, the trail continues along the river, passing small settlements and occasional teahouses. The sound of rushing water and the dense forest setting create a peaceful trekking atmosphere. Along the way, we may encounter wildlife such as langur monkeys and a variety of bird species.

After several hours of steady trekking, the trail begins a more consistent ascent as we enter thicker forested terrain. The valley narrows, and the landscape becomes more shaded and alpine in character. We finally reach Lama Hotel (2,480 m / 8,136 ft), a small settlement surrounded by forest on the banks of the Langtang River. The trek covers approximately 11 – 12 km (6.8–7.5 miles) and takes around 5 – 6 hours depending on pace and trail conditions. Overnight at a teahouse in Lama Hotel.

▮ **Day 5: Trek from Lama Hotel to Langtang Village (3,430 m): Walking distance : 14 – 15 km | 6 – 7 hours**

Departing from Lama Hotel (2,480 m / 8,136 ft), we begin our trek deeper into the Langtang Valley, following the trail that steadily ascends alongside the Langtang Khola. The route initially winds through dense forests of rhododendron, oak, and bamboo, with the river running close by and occasional clearings revealing glimpses of the surrounding hills.

As we continue, the forest gradually thins with increasing altitude, and the valley begins to open up. We pass through settlements such as Ghodatabela (3,030 m / 9,940 ft), where the landscape transitions into alpine meadows and expansive mountain scenery. Snow-capped peaks start to dominate the skyline, marking our entry into a more high-altitude environment.

Further along, the trail continues its steady ascent through open yak pastures and glacial terrain before reaching Langtang Village (3,430 m / 11,253 ft). This rebuilt Tamang settlement sits in a dramatic mountain setting surrounded by rugged Himalayan peaks.

The trek covers approximately 14–15 km (8.7–9.3 miles) and takes around 6–7 hours, depending on pace and conditions. Overnight at a teahouse in Langtang Village.

▣ **Day 6: Trek from Langtang to Kyanjing Gompa (3,870 m): Walking distance: 6 – 7 km | 3 – 4 hours**

Continuing from Langtang Village (3,430 m / 11,253 ft), we set out on a gradual ascent deeper into the upper Langtang Valley towards Kyanjin Gumpa. The trail follows a wide glacial valley, passing through open alpine terrain with scattered yak pastures and traditional stone settlements. The surrounding scenery becomes increasingly dramatic, with snow-capped peaks rising sharply on both sides of the valley.

As we progress, we pass through small seasonal settlements such as Mundu and Sindum, where the landscape reflects the high-altitude lifestyle of the local Tamang communities. The valley widens further, offering spectacular views of peaks including Langtang Lirung, which dominates the skyline throughout the day's journey.

The trail continues with a steady, gentle climb along the glacial river, with occasional suspension bridges and mani walls marking the cultural significance of the region. After several hours of trekking, we reach Kyanjin Gumpa (3,870 m / 12,697 ft), a beautiful settlement surrounded by towering Himalayan peaks and glaciers.

The trek covers approximately 6 – 7 km (3.7 – 4.3 miles) and takes around 3 – 4 hours, depending on pace and acclimatization. Overnight at a teahouse in Kyanjin Gumpa.

▣ **Day 7: Acclimatization day at Kyanjing Gumpa | Hike to Tsergo Ri (5,033 m):**

At Kyanjin Gumpa, we spend an acclimatization day to help the body adjust to the increasing altitude before moving higher into the Langtang region. This rest day is important for proper acclimatization and reducing the risk of altitude-related issues.

After breakfast, we begin a gradual hike towards Tsergo Ri (often spelled "Tserko Ri") (5,033 m / 16,512 ft), one of the most popular viewpoints in the Langtang Valley. The trail starts with a steady ascent through open yak pastures and alpine terrain, becoming progressively steeper as we gain elevation. The route is physically demanding due to the altitude, but the trail is well-defined.

As we climb higher, the surrounding scenery becomes increasingly dramatic, with panoramic views of surrounding peaks including Langtang Lirung, Yala Peak, and other snow-covered ridges. The final section to the summit is steep and exposed, but the effort is rewarded with one of the finest viewpoints in the region.

From the top of Tsergo Ri, we enjoy breathtaking 360-degree views of the Langtang Himalayas and deep valleys below. After spending some time at the summit, we carefully descend back to Kyanjin Gumpa (3,870 m / 12,697 ft), retracing the same route. The round trip covers approximately 10 – 12 km (6.2 – 7.5 miles) and takes around 6 – 8 hours, depending on pace and conditions. Overnight at a teahouse in Kyanjin Gumpa.

▮ **Day 8: Trek from Kyanjing Gompa to Ganja La Chuli (Naya Kanga) Base Camp (4,700 m): Walking distance: 5 – 7 km | 4 – 6 hours**

Setting out from Kyanjin Gompa (3,870 m / 12,697 ft), we begin a gradual but steady ascent towards the high camps of Ganja La Chuli (Naya Kanga). The trail initially follows the upper Langtang Valley, crossing open yak pastures and glacial moraine with expansive views of surrounding peaks.

As we progress, the route becomes steeper and more rugged, leaving the main valley behind and heading into a quieter, more isolated alpine zone. The terrain transitions from grassy slopes to rocky sections and glacial debris, requiring careful footing and steady pacing. The environment becomes increasingly remote, with impressive views of Langtang Lirung dominating the southern skyline.

After a sustained ascent through high alpine terrain, we reach the Ganja La Chuli (Naya Kanga) Base Camp area (approx. 4,700 – 4,900 m / 15,420–16,076 ft), depending on the exact campsite location and conditions. The trek covers approximately 5 – 7 km (3.1 – 4.3 miles) and takes around 4 – 6 hours, depending on weather, load, and acclimatization pace. Overnight at tented camp in base camp.

▮ **Day 9: Trek from Ganja La Chuli (Naya Kanga) Base Camp to High Camp (5,100 m): Walking distance: 2 – 3 km | 3 – 4 hours**

From Ganja La Chuli (Naya Kanga) Base Camp (approx. 4,700–4,900 m / 15,420–16,076 ft), we continue our ascent towards High Camp, moving into steeper and more alpine terrain. The trail begins over rocky moraine and loose scree, where careful footing is required as we gain elevation in a remote and exposed mountain environment.

As we climb higher, the route becomes more demanding, with sections of mixed rock and snow depending on the season. The air grows thinner, and progress becomes slower and more deliberate. The surrounding views open up dramatically, with impressive perspectives of the Langtang range and surrounding glaciers, including distant views of Langtang Lirung.

After a steady and challenging ascent, we reach Ganja La Chuli High Camp (approx. 5,100 – 5,200 m / 16,732 – 17,060 ft). The trek covers approximately 2 – 3 km (1.2 – 1.8 miles) and takes around 3 – 4 hours, depending on snow conditions and acclimatization pace. High Camp is a small, exposed campsite situated in a rugged alpine setting, used for final preparation before the summit attempt. Overnight at tented High Camp.

▣ **Day 10: Summit day : High Camp to Summit (5,863 m) and back to Naya Kanga Base Camp: Walking Distance: 6 – 8 km | 8 – 11 hours**

From Ganja La Chuli (Naya Kanga) High Camp (approx. 5,100–5,200 m / 16,732–17,060 ft), we begin the summit push in the early hours of the morning, typically before sunrise. The climb starts on steep snow and mixed alpine terrain, where fixed ropes are used for safety and progress is slow and steady due to the altitude.

As we gain height, the route becomes more technical, with sections of rock, ice, and exposed ridgelines. Careful movement and proper use of climbing equipment are essential throughout this section. The surrounding views gradually expand, offering striking panoramas of the Langtang Himalayas, including peaks such as Langtang Lirung.

After several hours of sustained climbing, we reach the summit of Ganja La Chuli (Naya Kanga) (5,863 m / 19,236 ft). From the top, we are rewarded with breathtaking 360-degree views of the Langtang range, glaciers, and deep Himalayan valleys. After a short celebration and photo stop, we begin a careful descent back down the same route.

We retrace our steps from the summit to High Camp and continue further down to Naya Kanga Base Camp (approx. 4,700 – 4,900 m / 15,420 – 16,076 ft). The full round trip typically covers approximately 6 – 8 km (3.7 – 5 miles) and takes around 8 – 11 hours, depending on conditions, snow stability, and team pace. Overnight at tented Base Camp.

▣ **Day 11: Trek from Naya Kanga Base Camp to Kyanjin Gompa(3,870 m): Walking Distance: 6 – 8 km | 4 – 5 hours**

From Ganja La Chuli (Naya Kanga) Base Camp (approx. 4,700 – 4,900 m / 15,420 – 16,076 ft), we begin our descent back into the main Langtang Valley, retracing familiar alpine terrain. The trail initially crosses rocky moraines and open slopes, where careful footing is required as we lose elevation.

As we continue downward, the landscape gradually becomes less rugged and more open, with the valley widening and vegetation slowly reappearing. The descent offers continuous views of the surrounding Himalayan peaks, including Langtang Lirung, which dominates the skyline throughout the route.

Further along, we rejoin the main Langtang Valley trail and pass through alpine pastures and glacial river sections before gradually approaching the settlement area. After a steady descent of several hours, we arrive back at Kyanjin Gompa(3,870 m / 12,697 ft).

The trek covers approximately 6 – 8 km (3.7–5 miles) and takes around 4 – 5 hours, depending on trail conditions and pace. Overnight at a teahouse in Kyanjin Gompa.

▣ **Day 12: Trek from Kyanjin Gompa to Rimche (2,400 m): Walking distance: 13 – 15 km | 6 – 7 hours**

From Kyanjin Gompa (3,870 m / 12,697 ft), we begin our long descent back through the Langtang Valley towards Rimche. The trail starts with a gentle downhill section through open alpine terrain, offering sweeping views of the surrounding peaks, including Langtang Lirung.

As we continue, we pass through the settlements of Langtang Village and Mundu, where the landscape gradually transitions from high alpine scenery to mixed forest zones. The trail then descends steadily to Ghodatabela (3,030 m / 9,940 ft), where the valley becomes noticeably greener and more enclosed by dense vegetation.

From Ghodatabela, the path continues through thick rhododendron, oak, and bamboo forests. The descent is long and continuous, following the Langtang Khola with occasional suspension bridges and river crossings. The lower we go, the warmer and more humid the environment becomes.

After several hours of trekking, we reach Rimche (approx. 2,400 m / 7,874 ft), a quiet forested settlement located just above Lama Hotel. The trek covers approximately 13 – 15 km (8 – 9.3 miles) and takes around 6 – 7 hours, depending on pace and trail conditions. Overnight at a teahouse in Rimche.

▮ **Day 13: Trek from Rimche to Syabrubesi (1,460 m): Walking distance: 8 – 10 km | 3 – 4 hours**

From Rimche (approx. 2,400 m / 7,874 ft), we begin the final section of our Langtang descent towards Syabrubesi. The trail initially continues through dense forest of bamboo, oak, and rhododendron, following the Langtang Khola downstream. The path is mostly downhill with a few short, gentle ascents as it contours along the valley.

As we descend further, the forest gradually opens up and the surroundings become warmer and more tropical. We cross several suspension bridges over the river, with the sound of rushing water accompanying us throughout the journey. The trail is well-defined and passes through small tea shops and scattered settlements along the way.

After a steady walk, we reach Syabrubesi (1,460 m / 4,790 ft), where the trek officially concludes. The journey covers approximately 8 – 10 km (5 – 6.2 miles) and takes around 3 – 4 hours, depending on pace and trail conditions. Arrival in Syabrubesi marks the end of the Langtang trekking section. Overnight stay at a lodge.

▮ **Day 14: Drive to Kathmandu (4,610 m): 120 – 130 km | 6 – 7 hours**

After breakfast in Syabrubesi, we begin our return journey to Kathmandu by private vehicle. The drive follows the Trishuli River valley, gradually leaving the mountainous terrain behind as we head toward the capital.

The road is scenic but winding, with a mix of rough mountain sections and paved highway. Along the way, we pass small roadside towns, terraced hillsides, and river gorges, offering beautiful final views of rural Nepal. The journey can be affected by road conditions and traffic, especially near the Kathmandu valley.

After approximately 6–7 hours of driving (around 120–130 km depending on route and conditions), we arrive in Kathmandu (1,400 m / 4,593 ft). This marks the end of the trekking and expedition journey in the Langtang region. Upon arrival, you will be transferred to your hotel for rest and relaxation.

▮ **Day 15: Departure day:**

Today marks the completion of your Himalayan journey. Depending on your flight schedule, you will be transferred from your hotel in Kathmandu (1,400 m / 4,593 ft) to Tribhuvan International Airport for your onward departure.

As you leave Nepal, this is a moment to reflect on your expedition to Ganja La Chuli (Naya Kanga) (5,863 m / 19,236 ft), along with the incredible trekking experience through the Langtang Valley. The journey has combined high-altitude acclimatization, technical climbing, and the cultural richness of the Tamang villages.

We hope you carry with you unforgettable memories of the mountains, the people, and the landscapes of Nepal. Safe travels and we look forward to welcoming you again for future adventures in the Himalayas.

What's Included:

- ☒ Airport Pick-up and drop Service
- ☒ Hotel Accommodation in Kathmandu (twin sharing basis) with breakfast
- ☒ Guided Tour of Kathmandu valley with an experienced tour guide
- ☒ Sightseeing charges and Entry fees
- ☒ Accommodation during the trek (teahouse / guesthouse / camp)
- ☒ All meals during the trek (Breakfast, Lunch, Dinner)
- ☒ Transportation (tourist coach / local bus / private vehicle)
- ☒ Experienced licensed English-speaking trekking guide
- ☒ Local government Entry Permit of Rs. 2000 (started in 2018)
- ☒ Insurance of the Guide and Porter
- ☒ Naya Kanga Climbing Permits and Royalty fee
- ☒ Langtang National Park Entry Permit
- ☒ TIMS (Trekking Information Management System) Trekking Permit Card
- ☒ Medical kits carried by the guide
- ☒ All necessary paper works, office service charge and all Government Taxes

Optional Add-Ons:

- ☒ Porter (cost: 20 USD per day, carries 15 – 20 kg load. Porter's accommodation, transport and meal is paid by the company)
- ☒ Down jacket, all-season sleeping bag, duffel bag and trekking map (in case you don't have your own. Down jacket, sleeping bag and duffel bag must be returned after completion of the trip).

What's Excluded:

- ☒ Travel insurance (Mandatory: Should include emergency evacuation coverage while trekking up to 5500+ m)
- ☒ International airfare and Visa costs (you can get Visa upon arrival at the airport)
- ☒ Personal interest items or gears
- ☒ Summit Bonus to Climbing Sherpa Guide
- ☒ Tips to guide / driver / porter
- ☒ Beverage and Drink Items / Other Extra facilities like hot shower during trek
- ☒ Any other expenses which are not mentioned in "What's Included" section

Important note:

This note represents the most current information for this itinerary and may supersede any information in the current brochure, including but not limited to the itinerary and price. The itinerary should be seen as a guide only. This itinerary may change at any time due to inclement weather, forces of nature and other circumstances beyond our control. We do our best to provide you the best available services but at the same time ask for your understanding to be flexible, in case of unpredictable conditions.

Thank you for choosing Trekadviser, Nepal as your travel partner. We wish you a very pleasant stay in Nepal.