

Pikey Peak Trek – A Hidden Gem in the Everest Region

Overview:

The Pikey Peak Trek is one of the most rewarding short treks in the lower Everest region, offering spectacular Himalayan views, rich Sherpa culture, and peaceful trails away from the crowds of the main Everest Base Camp route. Located in the Solukhumbu region of eastern Nepal, this trek is ideal for travelers seeking breathtaking mountain scenery and authentic cultural experiences within a relatively short timeframe.

The highlight of the trek is the sunrise from Pikey Peak (4,065 m / 13,333 ft), where trekkers are rewarded with one of the most impressive panoramas in the Himalayas. From the summit, the views stretch across a vast range of peaks including Mount Everest, Kanchenjunga, Makalu, Lhotse, and Ama Dablam. The trail passes through charming Sherpa villages, ancient monasteries such as Thupten Chholing, and forests of rhododendron and pine, allowing trekkers to experience both the natural beauty and spiritual heritage of the region.

Compared to more popular trekking routes in the Everest region, the Pikey Peak Trek offers a quieter and more intimate Himalayan experience. With moderate altitude, comfortable teahouse accommodations, and diverse landscapes ranging from terraced farmland to alpine ridges, it is an excellent option for both beginner trekkers and experienced hikers looking for a scenic and culturally rich adventure in Nepal.

Quick facts:

Cost: USD per Person

Destinations: Dhap/ Pikey Peak / Thupten Chholing Monastery

Duration: 11 Days

Trek starting point: Dhap

Trek ending point: Phaplu

Grade: Moderate

Transportation: Tourist coach / Jeep

Accommodation: tea house, tourist standard hotel in Kathmandu

Max altitude: 4,065m

Activities: Hiking & trekking, cultural tour, sightseeing

Best seasons: March, April, May, October, September and November

Please do not forget to carry the following items with you:

- Passport size Photos
- Torchlight / Headlight
- Warm cap
- Sunglass and sun-cream
- Sleeping bag (light weight)
- Trekking sticks
- Dry fruits and chocolates
- Down jacket
- Backpack (No luggage or hand carry)
- Trekking trousers
- Trekking shoes (No any converse and Vans shoes)

PROGRAM ITINERARY

□ **Day 1: Arrive at Kathmandu / Meet and Greet**

Upon arrival at Tribhuvan International Airport, our team will greet you and transfer you to your hotel. You can relax and settle in, or take a leisurely walk to explore the lively streets of Kathmandu. Overnight stay will be at your hotel.
Overnight stay at a hotel.

□ **Day 2: Kathmandu Sightseeing and preparation for trekking**

After breakfast at the hotel, our guide will meet you at the hotel and provide a briefing about the upcoming trek, including the itinerary, safety information, and important preparations. He will also assist you with all the necessary trekking formalities and paperwork.
After the briefing, we will go on a sightseeing tour around the Kathmandu Valley, visiting famous UNESCO World Heritage Sites such as Boudhanath Stupa, one of the largest Buddhist stupas in the world, and Swayambhunath Stupa, also known as the Monkey Temple. On this day, we will also arrange the TIMS card and other required permits for the trek. In the evening, you will have time to prepare your trekking gear and make the final arrangements for the journey ahead. Overnight stay at a hotel.

□ **Day 3: Drive from Kathmandu to Dhap (2,850m) : Drive Distance: 170 – 180 km: 7 – 8 hours drive**

We begin our journey early from Kathmandu, traveling by private vehicle toward Dhap (2,850 m / 9,350 ft), the gateway to the Everest region. The drive takes us through bustling towns, terraced hills, and scenic valleys, offering a glimpse of rural Nepal and the stunning Himalayan foothills. Along the way, the changing landscapes, from lowland villages to pine-covered slopes, introduce us to the diversity of Nepal's terrain and culture. The journey covers approximately 170–180 km (105–112 miles) and takes around 7–8 hours, depending on road conditions and stops. Upon arrival in Dhap, we check into a guesthouse where you can rest, soak in the crisp mountain air, and prepare for the trek ahead. Overnight at a guesthouse in Dhap.

□ **Day 4: Trek from Dhap to Jhapre (2,820m): Walk Distance: 7 – 9km | 5 – 6 hours**

We begin our trek from Dhap (2,850 m / 9,350 ft), gradually ascending through terraced fields, small villages, and lush forests. The trail winds past local farms and stone houses, giving a glimpse of daily Sherpa life. As we climb higher, the Himalayan peaks begin to appear on the horizon, offering a preview of the grandeur that lies ahead. Today's trek covers approximately 7–9 km (4–6 miles) and takes around 5–6 hours, depending on pace and breaks. Along the way, we cross streams via suspension bridges and pass through forests of rhododendron and pine. We reach Jhapre (2,820 m / 9,252 ft), a scenic village with guesthouses where we can rest, enjoy the crisp mountain air, and admire views of the surrounding valleys. Overnight at a guesthouse in Jhapre.

▣ **Day 5: Trek from Jhapre to Pikey Peak Base Camp(3,640m): Walking Distance: 10 – 12 km | 5 – 6 hours**

We begin our trek from Jhapre (2,820 m / 9,252 ft), gradually ascending through forests of pine and rhododendron, passing terraced fields and small Sherpa settlements. The trail winds upward, offering increasingly panoramic views of the surrounding valleys and distant Himalayan peaks, including glimpses of Kangchenjunga to the east on clear days. The trek covers approximately 10–12 km (6–7.5 miles) and takes about 5–6 hours, depending on pace and breaks. Along the way, we pass through traditional villages where locals welcome trekkers with friendly smiles, and cross small streams and ridges that showcase the dramatic terrain of the region. We reach Pikey Peak Base Camp (3,640 m / 11,942 ft) in the afternoon. Here, you can enjoy sweeping views of the surrounding mountains and valleys, and rest at a guesthouse or lodge while preparing for the summit climb of Pikey Peak (4,065 m / 13,333 ft) the next day. The serene environment and crisp mountain air make this a memorable stop on the trek. Overnight at a guesthouse at Pikey Peak Base Camp.

▣ **Day 6: Hike to Pikey Peak (4,065m) and trek to Lamjure Danda(3,736m): Walking Distance: 12 – 14 km | 6 – 7 hours**

We start the day with an early morning hike from Pikey Peak Base Camp (~3,640 m / 11,942 ft) to the summit of Pikey Peak (4,065 m / 13,333 ft) to witness a spectacular Himalayan sunrise. The ascent is moderately steep, but each step rewards us with breathtaking panoramic views of Kanchenjunga, Makalu, and the eastern Everest range, as the first rays of sunlight illuminate the peaks in golden hues. After spending time at the summit to take in the scenery and capture photographs, we descend back to the base camp for a short rest. From there, we continue our trek toward Lamjure Danda (3,736 m / 12,253 ft). The trail gradually ascends through alpine meadows, rhododendron forests, and small Sherpa settlements. Along the way, we encounter terraced fields and stone houses, offering insight into the local lifestyle and culture. The trek for the day covers approximately 12–14 km (7–9 miles) and takes about 6–7 hours, including the sunrise hike and breaks. We arrive at Lamjure Danda, a scenic ridge with panoramic views of the eastern Himalayas, where guesthouses provide comfortable accommodation and a chance to enjoy the crisp mountain air. Overnight at a guesthouse in Lamjure Danda.

▣ **Day 7: Trek from Lamjure Danda to Junbesi (2,700m): Walking distance: 8 – 10 km | 3 – 5 hours**

We begin our trek from Lamjure Danda (3,736 m / 12,253 ft), descending along a scenic ridge through dense forests of rhododendron, pine, and fir. The trail winds through peaceful woodland and small settlements, offering beautiful views of the surrounding hills and distant Himalayan peaks. As we continue downhill, the landscape gradually changes from alpine terrain to greener valleys dotted with traditional Sherpa homes and farmland. After trekking for approximately 8–10 km (5–6 miles) over 3–5 hours, we reach the charming Sherpa village of Junbesi (2,700 m / 8,858 ft). Known for its monasteries and rich Sherpa culture, Junbesi is one of the most picturesque villages in the Solukhumbu region. Here we rest at a local guesthouse and enjoy the peaceful mountain atmosphere. Overnight at a guesthouse in Junbesi.

▣ **Day 8:Acclimatization Day in Junbesi – Explore Thupten Chholing Monastery**

Today is reserved for acclimatization in Junbesi (2,700 m / 8,858 ft) to help our bodies adjust to the increasing altitude. Instead of complete rest, we take a short hike to the nearby Thupten Chholing Monastery (2,920 m / 9,580 ft), one of the most important Tibetan Buddhist monasteries in the Solukhumbu region. The trail gently ascends through forests and traditional Sherpa villages, offering beautiful views of the surrounding valleys and hills. After about 2–3 hours of hiking, we reach the monastery, home to a large community of monks and nuns. Visitors can observe the peaceful monastic life, colorful prayer flags, and the spiritual atmosphere of this sacred place. After spending time exploring the monastery and enjoying the scenery, we return to Junbesi for the afternoon to rest and prepare for the next stage of the trek. Overnight at a guesthouse in Junbesi.

▣ **Day 9: Trek from Junbesi to Phaplu(2,469m): Walking distance: 8 – 10km | 3 – 4 hours**

We begin our trek from Junbesi (2,700 m / 8,858 ft), following a scenic trail that gently descends through terraced fields, pine forests, and traditional Sherpa villages. Along the way, we pass mani walls, prayer flags, and small chortens that reflect the deep Buddhist culture of the region. The trail offers pleasant views of the surrounding hills and valleys, while giving trekkers a closer look at local life in the Solukhumbu region. After trekking approximately 8–10 km (5–6 miles) for about 3–4 hours, we arrive at Phaplu (2,469 m / 8,100 ft), a small town known for its airport and role as a gateway to the lower Everest region. Here we can relax at a guesthouse and enjoy the peaceful mountain atmosphere while reflecting on the journey through the beautiful Pikey Peak region. Overnight at a guesthouse in Phaplu.

▣ **Day 10: Drive from Phaplu (2,469m) to Kathmandu | 8 – 10 hours**

After breakfast, we begin our journey from Phaplu (2,469 m / 8,100 ft), traveling by vehicle back to Kathmandu (1,400 m / 4,593 ft). The drive follows winding mountain roads through scenic hills, rivers, terraced farmland, and traditional villages. Along the way, you can enjoy views of Nepal's diverse landscapes while passing through small towns and local marketplaces that showcase everyday rural life. The journey covers approximately 260–280 km (160–175 miles) and usually takes around 8–10 hours, depending on road conditions and traffic. Upon arrival in Kathmandu, you will be transferred to your hotel where you can relax and reflect on the memorable trekking adventure in the Everest region. Overnight at a hotel in Kathmandu.

▣ **Day 11:Departure Day:**

After breakfast, depending on your flight schedule, our team will transfer you to Tribhuvan International Airport for your departure. As your journey in Nepal comes to an end, we hope you leave with unforgettable memories of the mountains, culture, and warm hospitality experienced throughout your trek. We wish you a safe journey home and hope to welcome you again for another adventure in the Himalayas.

What's Included:

- ✓ Airport Pick-up and drop Service
- ✓ Hotel Accommodation in Kathmandu (twin sharing basis) with breakfast
- ✓ Guided Tour of Kathmandu valley with an experienced tour guide
- ✓ Sightseeing charges and Entry fees
- ✓ Accommodation during the trek (teahouse / guesthouse / homestay)
- ✓ All meals during the trek (Breakfast, Lunch, Dinner)
- ✓ Transportation (tourist coach / local bus / private vehicle)
- ✓ Experienced licensed English-speaking trekking guide
- ✓ Local government Entry Permit of Rs. 2000 (started in 2018)
- ✓ Insurance of the Guide and Porter
- ✓ TIMS (Trekking Information Management System) Trekking Permit Card
- ✓ Medical kits carried by the guide
- ✓ All necessary paper works, office service charge and all Government Taxes

Optional Add-Ons:

- ✓ Porter (cost: 20 USD per day, carries 15 – 20 kg load. Porter's accommodation, transport and meal is paid by the company)
- ✓ Down jacket, all-season sleeping bag, duffel bag and trekking map (in case you don't have your own. Down jacket, sleeping bag and duffel bag must be returned after completion of the trip).

What's Excluded:

- ✗ Travel insurance (Mandatory: Should include emergency evacuation coverage while trekking up to 5500+ m)
- ✗ International airfare and Visa costs (you can get Visa upon arrival at the airport)
- ✗ Personal interest items or gears
- ✗ Tips to guide / driver / porter
- ✗ Lunch and dinner in Kathmandu
- ✗ Extra night accommodation in Kathmandu in case of early arrival, late departure, and early return from the mountain (due to any reason) than the scheduled itinerary
- ✗ Beverage and Drink Items / Other Extra facilities like hot shower during trek
- ✗ Any other expenses which are not mentioned in "What's Included" section

Important note:

This note represents the most current information for this itinerary and may supersede any information in the current brochure, including but not limited to the itinerary and price. The itinerary should be seen as a guide only. This itinerary may change at any time due to inclement weather, forces of nature and other circumstances beyond our control. We do our best to provide you the best available services but at the same time ask for your understanding to be flexible, in case of unpredictable conditions.

Thank you for choosing Trekadviser, Nepal as your travel partner. We wish you a very pleasant stay in Nepal.