

Saipal Himal Grand Traverse

Overview:

The Saipal Himal Trek is one of Nepal's most remote and least-visited Himalayan journeys, located in the far-western region of Nepal. Centered around Saipal Himal (7,031 m), the highest peak in Sudurpashchim Province, this trek offers an opportunity to explore a remote mountain region where traditional lifestyles and untouched landscapes remain largely preserved.

The route passes through a wide variety of landscapes, beginning with traditional villages and forested hills before gradually entering alpine meadows, glacial valleys, and high mountain terrain. One of the unique aspects of this trek is the opportunity to explore both the eastern and western base camps of Saipal Himal, offering different perspectives of the mountain and its surrounding peaks.

Crossing high mountain passes such as Syakup Magna (4,214 m) and Sakya Lagna (4,710 m), trekkers experience the true character of the far-western Himalaya. The trail leads through remote valleys, open ridgelines, and rugged landscapes with impressive views of snow-covered peaks and isolated mountain environments.

Beyond the natural scenery, the trek provides a deeper connection with the local communities of the region. The mountain villages along the route reflect centuries-old traditions and a way of life that has developed in harmony with the challenging Himalayan environment.

The Saipal Himal Trek is ideal for experienced trekkers seeking a genuine wilderness adventure away from Nepal's popular trekking routes. With remote trails, challenging sections, and limited facilities, the journey requires preparation and flexibility. In return, it offers solitude, cultural encounters, and a rare opportunity to experience one of Nepal's most untouched Himalayan regions.

Quick facts:

Cost: USD per Person

Destinations: Kathmandu / Nepalgunj / Simikot / Yalbang / Syakup Lagna / Sumjumkharka / Sakya Lagna / Ranikharka / Chhipra

Duration: 22 Days

Trek starting point: Simikot

Trek ending point: Simikot

Grade: Moderate to Strenuous

Transportation: Domestic flight / local Jeep

Accommodation: tea house, camp, tourist standard hotel in Kathmandu

Max altitude: 4,710 m

Activities: Hiking & trekking, sightseeing

Best seasons: March, April, May, September, October and November

Please do not forget to carry the following items with you:

- Passport size Photos
- Torchlight / Headlight
- Warm cap
- Sunglass and sun-cream
- Sleeping bag (light weight)
- Trekking sticks
- Dry fruits and chocolates
- Down jacket
- Trekking trousers
- Trekking shoes (No any converse and Vans shoes)

PROGRAM ITINERARY

- ▣ **Day 1: Arrive at Kathmandu / Meet and Greet**
Accommodation: Hotel
- ▣ **Day 2: Kathmandu Sightseeing and preparation for trekking**
Accommodation: Hotel
- ▣ **Day 3: Fly from Kathmandu to Nepalgunj (150 m) | 1.15 hours**
Accommodation: Guesthouse / Lodge
- ▣ **Day 4: Fly from Nepalgunj to Simikot (2,985 m) and Trek to Dharapori (2,360 m)**
Accommodation: Tented Camp
- ▣ **Day 5: Trek from Dharapori to Sangrak (Kermi, 2,860 m)**
Accommodation: Tented Camp
- ▣ **Day 6: Trek from Kermi to Yalbang (2,880 m)**
Accommodation: Tented Camp
- ▣ **Day 7: Trek from Yalbang to Chala via Syakup Lagna (4,214 m)**
Accommodation: Tented Camp
- ▣ **Day 8: Trek from Chala to Peukharka**
Accommodation: Tented Camp
- ▣ **Day 9: Trek from Puekharka to Sumjumkharka**
Accommodation: Tented Camp
- ▣ **Day 10: Explore Saipal West Base Camp**
Accommodation: Tented Camp
- ▣ **Day 11: Trek from Sumjumkharka to Karang Khola**
Accommodation: Tented Camp
- ▣ **Day 12: Trek from Karang Khola to Khaniphukharka**
Accommodation: Tented Camp
- ▣ **Day 13: Trek from Khaniphukharka to Lepche Khola via Sakya Lagna (4,710 m)**
Accommodation: Tented Camp

- **Day 14: Trek from Lepche Khola to Ranikharka**
Accommodation: Tented Camp
- **Day 15: Explore Saipal East Base Camp**
Accommodation: Tented Camp
- **Day 16: Trek from Rani kharka (Ranishain) to Dhaulekharka**
Accommodation: Tented Camp
- **Day 17: Trek from Dhaulekharka to Lampato**
Accommodation: Tented Camp
- **Day 18: Trek from Lampato to Lamachaur**
Accommodation: Tented Camp
- **Day 19: Trek from Lamachaur to Chhipra**
Accommodation: Tented Camp
- **Day 20: Trek from Chhipra to Simikot**
Accommodation: Guesthouse / Teahouse
- **Day 21: Fly from Simikot to Kathmandu via Nepalgunj**
Accommodation: Hotel
- **Day 22: Farewell and Final Departure**

What's Included:

- ☒ Airport Pick-up and drop Service
- ☒ Hotel Accommodation in Kathmandu and Nepalgunj (twin sharing basis) with breakfast
- ☒ Two way flight between Kathmandu to Nepalgunj and connection flight to Simikot
- ☒ Guided Tour of Kathmandu valley with an experienced tour guide
- ☒ Sightseeing charges and Entry fees
- ☒ Accommodation during the trek (teahouse / lodge / camp)
- ☒ All meals during the trek (Breakfast, Lunch, Dinner)
- ☒ Transportation (tourist coach / local bus / private vehicle)
- ☒ Experienced licensed English-speaking trekking guide
- ☒ Local government Entry Permit of Rs. 2000 (started in 2018)
- ☒ Insurance of the Guide and Porter
- ☒ Api Nampa Conservation Area Permit
- ☒ Special permit for Saipal Region
- ☒ TIMS (Trekking Information Management System) Trekking Permit Card
- ☒ Medical kits carried by the guide
- ☒ All necessary paper works, office service charge and all Government Taxes

Optional Add-Ons:

- ☒ Porter (cost: 20 USD per day, carries 15 – 20 kg load. Porter's accommodation, transport and meal is paid by the company)
- ☒ Down jacket, all-season sleeping bag, duffel bag and trekking map (in case you don't have your own. Down jacket, sleeping bag and duffel bag must be returned after completion of the trip).

What's Excluded:

- ☒ Travel insurance (Mandatory: Should include emergency evacuation coverage while trekking up to 5500+ m)
- ☒ International airfare and Visa costs (you can get Visa upon arrival at the airport)
- ☒ Personal interest items or gears
- ☒ Tips to guide / driver / porter
- ☒ Beverage and Drink Items / Other Extra facilities like hot shower during trek
- ☒ Any other expenses which are not mentioned in "What's Included" section

Important note:

This note represents the most current information for this itinerary and may supersede any information in the current brochure, including but not limited to the itinerary and price. The itinerary should be seen as a guide only. This itinerary may change at any time due to inclement weather, forces of nature and other circumstances beyond our control. We do our best to provide you the best available services but at the same time ask for your understanding to be flexible, in case of unpredictable conditions.

Thank you for choosing Trekadviser, Nepal as your travel partner. We wish you a very pleasant stay in Nepal.